Psychological aspect assessment in patients with permanent tracheostomy

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Abstract

Background: A tracheostomy is a surgery in the anterior wall of the trachea. Which has many physical and psychological effects? Patient is unable to speak. These patients are unable to speak and for this reason many physical and psychology effects can be happened.

Materials and methods: The base of this article is from reviewing the articles and also it have been searched through internet.

Conclusion: Tracheostomy is an operation, which has many physical and psychological effects. Promoting self-care, as soon as possible, is a very important aspect of patient care. Providing information and education on the various aspects of tracheostomy management and care in a safe environment increases the patient’s self-confidence and willingness to accept their altered body image. Well-informed patients are more likely to follow instructions, which helps with compliance

Keywords: nursing, permanent tracheostomy, psychological aspect

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