

# Critical thinking and appropriate decision-making in nursing process

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## Abstract

**Introduction:** Critical thinking and clinical decision making are two required skills in professional nursing. In this article, an overview of critical thinking and appropriate decision on the nursing process is expressed.

**Material and Method:** This study is a review article based on the information, which is published in the internet, journals and other literatures in 2005-2012.

**Result:** Today, nurses in health care are faced with complex problems that through the nursing process as a problem-solving process, to care. In the current time, decisions making about some issues is needed to complex thought processes, particularly critical thinking and subsequently critical thinking will increase power for clinical decision-making. So, learning of the two skills is necessary for nurses to provide the best quality of nursing care.

**Conclusion:** When the nurse thinks critically, achieves faster and easier to problem and can take the appropriate logical decisions. Decision making about patient care is the important roles of nurses and Critical thinking can help nurses to make appropriate decisions. If the nurse thought critically, decide with an understanding of the problem. The main goal of developing critical thinking in nursing is increasing the power of independent decision making in this profession.

**Keywords:** Critical thinking, Decision making, Nursing process